



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Weekly Alternate Pulled Pork /w Bun	3 Hamburger W/ Bun Baked Beans Mixed Fruit	4 Walking Taco Fresh Cauliflower Strawberries	5 Mini Corndogs Corn Mandarin Orange	6 Pasta & Meat sauce Baby Carrots Grapes	7 French Bread Pizza Romaine Lettuce Banana	8
9 Weekly Alternate BBQ Patty /w Bun	10 Chicken Patty Sliced Peppers Pears	11 Nachos Fajita Chicken Cheese Sauce Refried Beans Pineapple	12 Cheese Omelet Pancake Hasbrown Patty Kiwi	13 Orange Chicken Rice Mixed Vegetables Apple Slices	14 No School!	15
16 Weekly Alternate Hot Dog /w bun	17 Pork Tenderloin Baked Beans Peaches	18 Quesadilla Baby Carrots Mixed Fruit	19 Chicken Nuggets Waffle Green Beans Oranges	20 Thanksgiving Dinner Roast Turkey Dinner Roll Mashed Potatoes Baked Apples	21 Pizza Crunchers Romaine lettuce Strawberries	22
23 Weekly Alternate Kitchen's Choice	24 Kitchen's Choice Assorted Fruits Assorted Vegetables	25 Kitchen's Choice Assorted Fruits Assorted Vegetables	26	27 No School Happy Thanksgiving!	28	29
Lunch: Entrée, Fruit, Vegetable and Milk Chocolate and 1% Milk Available Mexi Toppings: Salsa, Shredded Lettuce, and Shredded Cheese		Menu is subject to change All Grains are whole wheat or whole grain. "This institution is an equal opportunity provider" Substitutes will be available for dietary restrictions. Ryan Geerts Food Service Manager 319-396-7792 ext. 316 rgeerts@lasallecatholiccr.org				